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Digital wellbeing in Dubai schools: what KHDA expects

How students' online lives fit into the wellbeing your school is inspected on.



The framework in one page

KHDA's Wellbeing Matters framework sets out what good wellbeing provision looks like for students and staff in Dubai private schools.

Who it applies to. All Dubai private schools are regulated by KHDA.

How the framework is structured:

1. **Leading and pursuing wellbeing:** a shared vision, evaluation, and decisions informed by data.
2. **Listening to and supporting stakeholders:** caring for students and staff, and acting on their feedback.
3. **Enhancing wellbeing experiences and outcomes:** curriculum, healthy choices, and student safety and engagement.

KHDA inspections run under the UAE School Inspection Framework, with no more than 24 hours' notice. Student wellbeing is one of the areas inspectors look at, alongside teaching and learning.

Where digital fits. Students' online lives play a significant part in their wellbeing. The federal Child Digital Safety Law also applies to every Dubai family, and asks parents to monitor their children online.



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What it means for your school

For school leaders.

Wellbeing is shown through evidence: data, feedback and action. “We have a policy” is not enough. If online harm is driving student wellbeing, you’ll want to know about it and show how you respond.

Ask: What data do we have on students’ wellbeing between surveys? How does online safety show up in our self-evaluation?

For IT and digital leads.

Your systems hold some of the best early signals on student wellbeing: what students search for, what gets blocked, what worries them. The question is whether wellbeing staff can see them.

Ask: Can our wellbeing team read our filter and monitoring reports without IT’s help?

For safeguarding and wellbeing leads.

The framework asks you to listen to students. Regular, simple check-ins show you who’s struggling before it becomes a crisis, and give you evidence of the action you took.

Ask: How often do we hear directly from every student about how they’re doing? How quickly can we act on it?

Checklist for your school

- [ ] Our wellbeing strategy includes students’ online lives
- [ ] Our digital safety policy is clear to students, parents and staff
- [ ] We check in with students on their wellbeing regularly, not just once a year
- [ ] Wellbeing staff can see digital safety signals (alerts, searches, blocks)
- [ ] We use wellbeing data to plan, and can show it at 24 hours’ notice
- [ ] We give parents guidance on online safety at home
- [ ] Our approach reflects the federal Child Digital Safety Law
- [ ] We record and act on concerns in one place

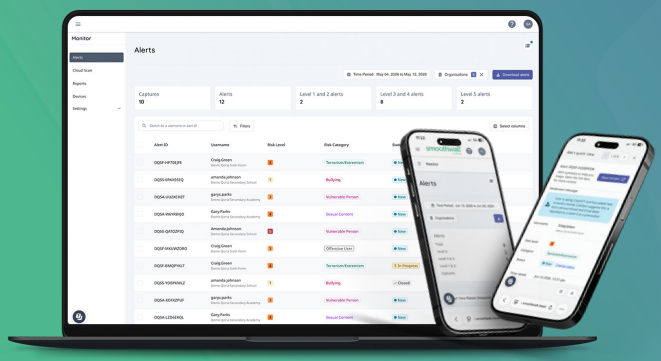
How Qoria helps

Pulse gives you regular student wellbeing check-ins and clear insights, so you can act early and show your evidence for inspections.

Qoria Monitor flags online signs of risk to your wellbeing team, in real time.

Qoria Filter keeps students safe on every device and shows trends you can act on.

Qustodio helps families support their children at home.



Book a 30-minute review with our UAE team: enquiries@qoria.eu

Sources: KHDA: inspections resume in 2026-27 · KHDA Wellbeing Matters framework · Federal Decree-Law 26/2025 · WhichSchoolAdvisor (background). Plain-language summary of KHDA guidance for information only, not legal advice. Always check the official texts.

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